Community Development Support Program in the Russian Federation

Round 5

The Program is carried out in the Russian Far East, Lake Baikal Region, and Northern Caucasus and in some other regions of Russia with financial support from the United States Agency for International Development (USAID), which has provided a total of $5.65 million for the period from 2006 through 2009.

The Program is aimed at assisting communities in addressing environmental, economic and social problems, and consists of the following core components:

1. Grant-making in the targeted communities
2. Dissemination of best community development practices
3. Training for development
4. Creation of new community development tools and practices

The Primary Program Goal is to design and disseminate both innovative and proven models of sustainable community development across the Russian Federation.

Key Program Objectives:

- to engage local citizens in addressing local needs and problems through a series of targeted grants focused on local economic development, waste management, public health, small business development, social assistance and natural resources management;
- to create and introduce tools for energy and resource saving and mechanisms allowing communities to reinvest savings into development programs;
- to promote multi-stakeholder participation in selected communities in identifying priorities for community development;
- to train community leaders, government officials, and business leaders to better address community needs through collective efforts;
- to replicate best community development practices in a selected region.

Grant funding decisions are passed by the Program’s Advisory Committee founded to ensure transparency and equal opportunities for all organizations participating in grant contests. The main functions of the Advisory Committee are to approve funding for grant proposals, which have previously been reviewed by experts, and to oversee the targeted use of the Program’s grant funds.

Four grant rounds have already been completed under the Program, during which 28 consortiums (92 projects) were funded for a total of $1,622,191, with the average grant amount being $17,633.

Round 5 is aimed at facilitating a modernization of social services facilities including educational, cultural and public health institutions to ensure sustainable local community development. Priority project areas of this round include the following:

- to have a strong positive impact on communities by improving conditions for less protected categories staying in social services institutions, which, in turn, will promotes an improvement of their health and ease social tension;
- to improve the environment and, at the same time, reduce the cost of maintaining educational, cultural and public health institutions.

The Program facilitates:

- an increased standard of living in the regions of Russia;
- the creation of a potential for future community development;
- citizen participation in community decision-making through interaction with local government and business.
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7. Project “Reduction of TB disease rate, more efficient early detection, and improved prevention measures among socially disadvantaged rural population” (Modernization of rural health care institutions in Vyazemsky Raion, Khabarovsk Krai)  
8. Project “Good Health for Everyone!” (Improving conditions for patients and modernizing the infrastructure of Amursky Raion TB Dispensary)

CDSP Round 5 Statistics

<table>
<thead>
<tr>
<th>Description</th>
<th>Number</th>
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<tbody>
<tr>
<td>Total number of submitted proposals</td>
<td>20</td>
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<tr>
<td>Approved for funding by the Advisory Committee</td>
<td>6</td>
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<tr>
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<td>$162 047</td>
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<td>Amount allocated for the fifth contest</td>
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<td>Grantee contributions and funds from other sources</td>
<td>$44 656</td>
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<tr>
<td>Average grant amount</td>
<td>$19 656</td>
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</table>

Program Management:
Fund for Sustainable Development  
14 Gubkina St., Office 73; POB 85  
Moscow 117312  
Tel.: 7(495)7480552; fax: 7(495)7480553  
E-mail: ofokin@iscmoscow.ru; info@fund-sd.ru  www.rund.sd-ru
Fifth Contest Projects

1. **Project** Improvement of infection control activities at the in-patient clinic of Adygeya Regional Clinical TB Dispensary ($20 000)

2. **Project** Installation of shower cabins in TB departments of health care institutions in the Republic of Chechnya ($19 422)

3. **Project** From energy-efficiency – to better conditions in the TB dispensary in Selenginskoye (Republic of Buryatia) (Improving hospital conditions and increasing the quality of services provided by tuberculosis medical institutions) ($19 980)

4. **Project** Modernization of the heat supply system in a kindergarten in Svirsk, Irkutsk Oblast, for children with tubercular intoxication and inactive cases of tuberculosis (Improving conditions for children in TB risk groups attending kindergarten) ($17 989)

5. **Project** Reduction of TB disease rate, more efficient early detection, and improved prevention measures among socially disadvantaged rural population (Modernization of rural health care institutions in Vyazemsky Raion, Khabarovsk Krai) ($20 000)

6. **Project** Good Health for Everyone! (Improving conditions for patients and modernizing the infrastructure of Amursky Raion TB Dispensary) ($20 000)
Project
Improvement of infection control activities at the in-patient clinic of Adygeya Regional Clinical TB Dispensary

Requested amount $20 000
Grantee and other contributions $1 600
Total cost $21 600

The successful activities of Adygeya Regional Clinical TB Dispensary are a result of close interaction between this medical institution and the leadership of the Republic of Adygeya, which is paying special attention to problems facing the phthisiology service and is providing all possible assistance. At the same time, insufficient financing from the regional budget does not allow to provide proper conditions for the effective work of the dispensary. The leadership of the Ministry of Public Health of the Republic of Adygeya is interested in implementing this project on cost-sharing principles, which should improve the situation with infection control at the in-patient clinic of the dispensary.

Project summary:
This project is aimed at improving conditions for TB patients staying at the Adygeya Clinical TB Dispensary and upgrading existing infection control measures. Project activities include replacing old windows in the first and second in-patient departments and the pharmacy and installing new doors in the second in-patient department. The leadership of the Ministry of Public Health of the Republic of Adygeya is interested in implementing this project on cost-sharing principles, which improved the situation with infection control at the in-patient clinic of the dispensary.

Community problems addressed by the Project:
- Lack of comfortable conditions for TB patients at the in-patient clinic, where indoor temperature drops to 14-15° C.
- Impossibility to air the wards without affecting the health of the patients.
- Inadequate conditions for the work of the pharmacy, where during winter temperature drops to 10-12° C.
- Lack of a gateway unit for dividing the bacillary and non-bacillary areas in the second in-patient department.
Project results:
1. Installation of 44 window units in the pharmacy and in the first and second departments of Adygeya Clinical TB Dispensary - this allows to regularly air the premises and maintain indoor temperature in accordance with sanitary standards.
2. Two door units were installed to form a gateway unit in the second in-patient department for dividing the bacillary and non-bacillary areas.
3. Considerable reduction of the risk of cross contamination among patients, which, in the end, will result in an increased cure rate of TB patients.
4. Improved sanitary-bacteriological conditions in the first and second departments of the dispensary.
5. Information about the Project was published in this republic’s newspaper Sovetskaya Adygeya and Adygi Mak, thus increasing public awareness about measures to reduce TB contamination.

Project contact:
Eduard Potokov, deputy chief physician

Contact information:
278 Komsomolskaya St., Maikop, Republic of Adygeya
fax 8 (8772) 523868, e-mail koh05@rambler.ru

Organization:

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<tr>
<th>Title</th>
<th>Category</th>
<th>Profile</th>
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<tbody>
<tr>
<td>Adygeya Regional Clinical TB Dispensary</td>
<td>Government</td>
<td>The dispensary is the only specialized medical TB institution in the Republic of Adygeya that has all required structural divisions</td>
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<tr>
<th>Duration (months)</th>
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<th>End date</th>
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Project

Installation of shower cabins in TB departments of health care institutions in the Republic of Chechnya

Requested amount $ 19 422
Grantee and other contributions $  674
Total cost $ 20 096

The military actions that took place in the Republic of Chechnya have caused much damage to medical facilities. Today, many health care institutions of this republic lack proper sanitary conditions for TB patients. Of greatest concern in this respect is the situation in 5 administrative raions: Shalinsky, Urus-Martanovsky, Achkhoi-Martanovsky, Gudermessky and Nadterechny, in which the TB rate is the highest.

Project summary:
Improving sanitary and hygiene conditions in TB departments of 5 hospitals in five raions of the Republic of Chechnya by installing shower cabins. This measure made it possible to reduce contacts between patients and members of their families and the community on the whole. As a result of the Project, the spreading of TB infection has been noticeably reduced.

Community problems addressed by the Project:
- High TB rate in the Republic of Chechnya.
- Unsatisfactory sanitary and hygiene conditions for TB patients in health care institutions of the Republic of Chechnya.
- High risk of TB contamination of patients staying in medical institutions in the Republic of Chechnya.
Project results:
1. Sanitary and hygienic conditions in four TB departments of central raion hospitals and one outpatient clinic servicing five raions of the Republic of Chechnya (Shalinsky, Kurchaloyevsky, Gudermessky and Nadterechny) were improved by providing independent hot water supply and installing shower cabins.
2. Over 250 TB patients are now able to use hot water and take showers without leaving hospital.
3. Over 250 families and users of public bathhouses in five raions of the Republic of Chechnya - Shalinsky, Kurchaloyevsky, Urus-Martanovsky, Achkhoi-Martanovsky, Gudermessky and Nadterechny – are now isolated from individuals with cases of open tuberculosis.

Project contact:
Tamirlan Soltagireyev, head of Technical Projects Department

Contact information:
59 A.Kadyrova Prospekt, office 1, Grozny, Republic of Chechnya 364051, tel. 8 (928) 8917397, fax 8 (8712) 294500, e-mail ric.07@bk.ru, s.tamirlan@bluewin.ch

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<tr>
<td>Information Resource Center, a regional public organization</td>
<td>Non-profit</td>
<td>Assistance to regional development in the Republic of Chechnya through supporting the most vulnerable categories of the population</td>
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Duration (months) 3
Start date 01.10.2009
End date 31.12.2009
Project

From energy-efficiency – to better conditions in the TB dispensary in Selenginskoye (Republic of Buryatia)
(Improving hospital conditions and increasing the quality of services provided by tuberculosis medical institutions)

Requested amount $19 980
Grantee and other contributions $5 589
Total cost $25 569

Selenginskoye urban settlement, which has a population of 15,900 and is the largest settlement in Kabansky Raion, is located on the left bank of Selenga River. The local pulp and carton factory, which is the local key employer, pollutes the environment and emits large amounts of hazardous matter to the atmosphere, which increases the risk of lung diseases. The rates of disorders caused by poor social and living conditions, including tuberculosis, are growing, while government funding provided to health care institutions is decreasing.

Project summary:
1. Installing 175 energy-efficiency lamps in the building of Selenginskoye TB Dispensary with the aim of improving conditions for 125 patients.
2. Installing 40.32 m² of new windows in the coldest department of Selenginskoye TB Dispensary.
3. Monitoring energy consumption and recording saved funds.
4. Reinvesting energy savings through the Local Community Fund into social projects (replication of project experience in other medical institutions of the raion).
5. Publications in the media, printing leaflets and organizing meetings of health care specialists and community members.

Community problems addressed by the Project:
- High cost of power and heat supplied to Selenginskoye TB Dispensary, which is an important health care facility in the community.
- High TB rate (a 2.2 growth during the past 10 years), both among local residents and in the whole of the Republic of Buryatia.
- Lack of appropriate conditions for patients staying in the in-patient department of Selenginskoye TB Dispensary.
- Low public awareness about tuberculosis and inadequate preventative measures.
Project results:
1. After the installation of new windows in the coldest part of the in-patient department of Selenginsk TB Dispensary, conditions for patients have been improved. The temperature increased by 6° (up to 22 °) and heat losses dropped by 87.8 Gcal a year (45,000 rubles).
2. Power consumption was reduced by 28,000 kW/h a year (42,000 rubles).
3. The number of first-time patients with advanced TB cases decreased by 7% (35 persons).
4. Increased public awareness, especially among risk groups, about the danger of tuberculosis and the need in preventative examinations.

Project contact:
Olga Myznikova, director of Bereg Non-Profit Partnership

Contact information:
6 Zarechnaya St., Kabansk, Kabansky Raion, Republic of Buryatia 671200, tel. 8 (30138) 40497, fax 8 (30138) 40497, e-mail bereg77@mail.ru

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<tr>
<td>Bereg Non-Profit Partnership</td>
<td>Non-profit</td>
<td>Assistance to the implementation of economic models aimed at promoting sustainable community development in Lake Baikal Region. Development of environmental education.</td>
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<td>3</td>
<td>01.10.2009</td>
<td>30.12.2009</td>
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Project

Modernization of the heat supply system in a kindergarten in Svirsk, Irkutsk Oblast, for children with tubercular intoxication and inactive cases of tuberculosis

(Improving conditions for children in TB risk groups attending kindergarten)

Requested amount $17,989
Grantee and other contributions $11,594
Total cost $29,583

The city of Svirsk with a population of 14,700 is located at a distance of 150 km from Irkutsk on the left bank of the Angara River. It is characterized by a high level of environmental pollution that affects upper respiratory tracts, especially in children, and has the highest rate of tuberculosis among the other cities of Irkutsk Oblast (the TB disease and mortality rates in Svirsk are twice as higher than the average national rates).

Project summary:

Heat saving, improving children’s health and disseminating experience at Kindergarten # 33, where the furnace, 27 windows and 3 entrance doors will be replaced with new ones and hot water and heating meters will be installed. Health improvement equipment will also be installed (children’s exercise machines, ionizers and a portable quartz lamp). At educational seminars that will be held under the project, experience gained in energy-saving and health improvement will be presented to the city’s municipal institutions (kindergartens, schools, cultural establishments and youth and sports centers).

Community problems addressed by the Project:
1. Low efficiency of the heat supply system and large heat losses caused by the deterioration of the buildings of local childcare institutions.
2. Indoor temperature in the specialized kindergarten for children with tubercular intoxication and inactive tuberculosis does not meet standard sanitary requirements.
3. Inadequate infrastructures in social (children’s) institutions and shortage of preventative medical equipment.
4. Low public awareness about energy-saving and the prevention of lung diseases.
Project results:
1. Improved living and rehabilitation conditions for 60-70 children who are treated in the kindergarten annually.
2. Indoor temperature in the kindergarten was brought into compliance with SanPiN standards increasing by 6-8° (up to 22-24°).
3. The illumination of the kindergarten rooms increased by 30%, due to the absence of frost on the windows, which has a beneficial effect on convalescing children.
4. Heat and hot water meters were installed to pay for actual consumption; and also an energy-efficient kitchen stove.
5. Heat losses dropped by 52% (58 Gcal) and power consumption was reduced by 11,000 kW/h.
6. The kindergarten saved 14,000 rubles that were spent for acquiring health improvement equipment for the children.
7. The rehabilitation period for children staying in the kindergarten decreased 1.5 times (from 10-12 to 6-8 months).
8. Public awareness about tuberculosis increased; and nearly 80 parents and teachers attended a seminar devoted to TB prevention.

Project contact:
Marina Zmanovskaya, director

Contact information:
9-24 Lenina St., Svirsk, Irkutsk Oblast, 665420, tel. 8(39573) 21521, fax 8 (39573) 21175, e-mail bfms@svirsk.ru

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<td>Svirsk Local Community</td>
<td>Non-profit</td>
<td>Support and development of civic initiatives in the following areas:</td>
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<td>Philanthropic Fund</td>
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<td>5. social protection, youth policy, childcare, conservation and culture;</td>
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<td>6. landscaping in city areas and environmental protection;</td>
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<td>7. creative and athletic recreation activities for children and adolescents.</td>
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<tr>
<td>3</td>
<td>01.10.2009</td>
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Project

Reduction of TB disease rate, more efficient early detection, and improved prevention measures among socially disadvantaged rural population
(Modernization of rural health care institutions in Vyazemsky Raion, Khabarovsk Krai)

Requested amount $20 000
Grantee and other contributions $2 799
Total cost $22 799

Vyazemsky Raion in Khabarovsk Krai with a population of 6,400 (not counting the population in the city of Vyazemsky) is located in the South of Khabarovsk Krai along the Ussuri River on the best arable grounds of the region. However, after the large local state farms were shut down, the majority of community members have lost their jobs. This resulted in a drop of real incomes and, consequently, in health deterioration, especially among children. In 2008, in Vyazemsky Raion 54 newly diagnosed patients were registered at the local TB dispensary. There are now a total of 181 TB patients in this community, all of whom are in need of specialized medical treatment. Of these, 21 persons have contagious cases. As many as 98 children with TB infection are registered at the local children’s outpatient clinic.

Project summary:
Project activities include TB prevention measures in pre-school institutions; improving children’s health; motivating more frequent visits of community members to local health care centers; increasing population coverage and ensuring better TB detection; bringing the infrastructure of medical and educational institutions in conformity with modern sanitary and technical requirements; and saving energy resources.

Community problems addressed by the Project:
• During recent years, the number of newly discovered cases of tuberculosis in this rural community has been growing, mostly among socially disadvantaged groups of the population. This is a result of the decreasing level of TB prevention programs, curtailment of health improvement activities in kindergartens, and inadequate fluorography screening.
• Rural residents less frequently turn to paramedic and midwife services centers that have outdated medical equipment.
• The equipment in prevention vaccination rooms in kindergartens does not meet standard sanitary and hygiene requirements.
• Construction materials that were previously used for finishing indoor space in medical institutions do not meet sanitary standards and are a hazard to the health of the staff and patients.

**Project results:**

1. 4 health improvement and hardening rooms for children were set up and equipping in 3 kindergartens and 1 school.
2. Fluorography population coverage increased by 10% (from 63% to 73% of the total number of community members or by 640 persons).
3. The number of advanced TB cases among rural population decreased by 5% (10 persons).
4. More frequent visits - by 20% (from 6,800 to 8,150) - to paramedic and midwife centers and the outpatient clinic now take place.
5. Indoor temperature in the outpatient clinic increased by 8-10° C and now meets standard SanPiN norms.
6. Power consumption dropped by 1,100 kW, saving a total of 4,500 rubles by stopping the use of electric heaters.

**Project contact:**

Olga Ivleva, acting chief physician.

**Contact information:**

7 Tsentralnaya St., Krasitskoye settlement, Vyazemsky Raion, Khabarovsk Krai 682941, tel. 8 (42153) 36118, fax 8 (42153) 36118, e-mail otdzdrav@vzm.kht.ru

**Organization**

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<td>Vyazemsky Raion Outpatient Clinic, a municipal health care institution</td>
<td>Municipal</td>
<td>Provision of primary health care services and promotion of health prevention and improvement activities in the community</td>
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<th>Duration (months)</th>
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Project

**Good Health for Everyone!**
(Improving conditions for patients and modernizing the infrastructure of Amursky Raion TB Dispensary)

Requested amount $20 000
Grantee and other contributions $22 400
Total cost $42 400

Amursky Raion is located at the middle reaches of Amur River and is a satellite of a large industrial center, the city of Komsomolsk-on-Amur. This community’s population of 72,600 is steadily decreasing. Most of its industrial plants are idle, this accounting for a high unemployment level among local residents. Because of the presence of several large prisons and the recent commissioning of the regional predetention center, the concentration of persons infected with tuberculosis and other dangerous diseases is growing. Besides, Amursk and Elban are popular locations for settling homeless and disadvantaged persons evicted from Khabarovsk.

Project summary:
Reduction of heating costs by increasing the energy efficiency of the building and improving the work of engineering networks. Improving conditions for patients and, as a result, the effectiveness of treatment. Lowering social tension in the community through decreasing microbiological pollution and increasing public awareness about the disease.

Community problems addressed by the Project:
- Amursky Raion TB Dispensary, which was built in 1977 in Elban Settlement, has not been overhauled once since then.
- The building of the dispensary is practically in a state of emergency: the windowpanes have rotted and do not close properly causing constant draughts that worsen the condition of the patients. It is especially difficult to keep the wards warm during autumn and winter.
- The cold and hot water supply standpipes are in a state of emergency as well and there are often pipe break accidents that result in fungus contamination, which also affects the patients.
- The community of Elban is aware of the problems in the dispensary and is expressing its concern about the health of local residents and their children. Community members are also apprehensive about contacting the patients and staff of the dispensary and also about the dispensary being located in the community.
Project results:
1. In Amursky Raion TB Dispensary cold and hot water risers were replaced and 35 new plastic windows were installed.
2. A public education campaign was launched in the community to reduce social tension and increase awareness about tuberculosis.
3. Indoor temperature in the Dispensary increased to 23° C.
4. The condition of patients is improving.

Project contact:
Nadezhda Gorbacheva, chief physician.

Contact information:
21 Zheleznodorozhnaya St., Elban, Amursky Raion, Khabarovsk Krai 682610, tel. 8(42142) 24468, fax 8(42142) 24468, e-mail amurskptd@mail.ru

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